

001 Delicious Recipes People Diabetes

recipe is accompanied by a nutritional analysis and the most current diabetes exchange information, and the book includes timely information on exercise, carbohydrate counting, and food-exchange lists.

1,001 Delicious Recipes for People with Diabetes by Sue ... 1,001 Delicious Recipes for People with Diabetes has 18 ratings and 3 reviews. Satia said: Not that we've tried all 1001 but we've tried a spectrum of th... 1,001 Delicious Recipes for People with Diabetes has 18 ratings and 3 reviews. 1,001 Delicious Recipes for People with Diabetes ... 1,001 Delicious Recipes for People with Diabetes covers all the basics of a diabetic diet and lifestyle, including exercise, carbohydrate counting, and food-exchange lists. This huge cookbook contains 16 chapters of delicious recipes that are suitable for a diabetic diet, all of which are accompanied by a nutritional analysis and the most current diabetes exchange information.

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